



HANDS LIFTING HEARTS INITIATIVES SOCIETY RESOURCE LIST

YOUR GUIDE TO AFRICAN BUSINESSES IN ALBERTA

September
2024



Hands Lifting Hearts Initiatives Society Resource List

Published September 2024

About This Guide:

This resource list is designed to connect communities and support the growth of African-owned businesses and organizations throughout Alberta. Our goal is to promote local entrepreneurs and organizations, celebrate cultural diversity, and provide a platform for these businesses and organizations to thrive within the province.

We thank the Government of Alberta for their sponsorship of this resource list.

For updates, corrections, or to add a business to the list, please contact us:

Website: <https://handsliftinghearts.ca/>

Email: info@handsliftinghearts.ca

Address: Unit 213, 3942 29 Street NE Calgary, Alberta T1Y 6B6

AFRICAN GROCERIES AND CULTURAL ITEMS STORES

CALGARY

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
AfroSea Fish & Meats Ltd	4 Royal Vista Way NW #2120, Calgary, AB T3R 0N2	African groceries	(403) 205-4111	
African Choice Foods & Beauty Supplies	4133 4 St NW, Calgary, AB T2K 1A3	African groceries, cultural items	(403) 992-6479	https://africanchoicemarket.com/
African Choice Market	3604 52 Ave NW #112, Calgary, AB T2L 1V9	African groceries, cultural items	(403) 606-7062	https://www.africanchoicemarket.com/
African Halal Meats	4014 17 Ave SE, Calgary, AB T2A 0S7	African groceries	(403) 984-4408	http://african-halal-meats.poi.place/
African Shop Calgary (E.F.C. Afro-Caribbean Inc)	2235 30 Ave NE # 3, Calgary, AB T2E 7C7	African and Caribbean groceries	(403) 717-0440	
Arinka - Online Store for African & Caribbean Groceries	1212 34 Ave SE, Calgary, AB T2G 1V7	African and Caribbean groceries		https://arinka.ca/
CITA Enterprises	3334 32 St NE, Calgary, AB T1Y 5X7	African groceries, cultural items	(403) 568-7602	

De Chosen African Market	12 Royal Vista Way NW, Calgary, AB T3R 0N2	African groceries, cultural items	(403) 457-7713	
De Chosen African Market	6800 Memorial Dr #116, Calgary, AB T2A 6V3	African groceries, cultural items	(403) 204-1580	https://dechosen.ca/
De Chosen African Market	9641 Macleod Trail SW, Calgary, AB T2J 0P6	African groceries, cultural items	(587) 352-7928	http://www.dechosen.com/#/contact-us/4534828023
De Chosen African Market	2914 Kingsview Blvd SE, Airdrie, AB T4A 0E1	African groceries, cultural items	(403) 980-0048	
East African Store/Deli	630 1 Ave NE #7, Calgary, AB T2E 0B6	African groceries, cultural items	(587) 222-4605	
Ethio Afrik	3517 17 Ave SE, Calgary, AB T2A 0R5	African groceries, cultural items	(403) 475-0774	
Gimsap African Asian Market	1829 54 St SE Unit 107, Calgary, AB T2B 1N5	African groceries	(403) 248-5507	https://www.gimsap.ca/
GIMSAP NW	11 Royal Vista Dr NW #2110, Calgary, AB T3R 0N2	African groceries, cultural items	(403) 277-7756	
God's Glory African West Indian Market	SE, 3745 Memorial Dr, Calgary, AB T2A 6V4	African groceries	(403) 273-9367	
GT MART - Wholesale	2320 35 Ave NE Unit 5, Calgary, AB T2E 6S9	African groceries, cultural items	(403) 272-8220	https://gtmartwholesale.com/

HA African & Middle Eastern Market	404 28 St NE, Calgary, AB T2A 2L5	African groceries	(403) 678-8434	
Juk African & Carabian Food Store	4310 104 Ave NE #2114, Calgary, AB T3N 1W2	African and Caribbean groceries	(587) 719-6455	http://jukafrocaribfood.com/
LOFOODITEMS`	425 S Point Glen SW Southwest, Airdrie, AB T4B 4L1	African groceries	(403) 888-2133	
Mama K's Afro Caribbean Market	4133 4 St NW, Calgary, AB T2K 1A3	African groceries, cultural items	(587) 352-0988	
Nile Supermarket	4002 17 Ave SE, Calgary, AB T2A 0S7	African groceries, cultural items	(403) 244-1909	
Omega Fish and Foods Ltd.	4655 54 Ave NE #401, Calgary, AB T3J 3Z4	African groceries	(403) 453-6695	
Rehoboth Ethio-Afrika Market Inc	3131 27 St NE unit # 105, Calgary, AB T1Y 0B3	African groceries, cultural items	(403) 455-0020	
Sage Meadows Market African Store	2971 136 Ave NW #290, Calgary, AB T3P 1N7	African groceries, cultural items	(587) 291-9852	http://sagemeadowsmarketafricanstore.com/
Sage meadows Market African store In	2974 Main St S unit 121/131, Airdrie, AB T4B 3G4	African groceries, cultural items	(403) 980-0216	http://www.sagemeadowsmarketafricanstore.com/
Stockland African Market NE	4655 54 Ave NE #302, Calgary, AB T3J 3Z4	African groceries, cultural items	(587) 917-5917	

TK's Authentic African Products Inc.	3132 26 St NE, Calgary, AB T1Y 6Z1	African groceries, cultural items	(403) 590-0726	
Treasure African Market	16650 McKenzie Lake Blvd SE, Calgary, AB T2Z 1N4	African groceries, cultural items	(403) 800-7390	
ugonwas.ca	4030 8 St SE, Calgary, AB T2G 3A7	African groceries, cultural items	(403) 837-1908	https://www.ugonwas.ca/



EDMONTON

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Adom Tropical Foods	15353 Stony Plain Rd, Edmonton, AB T5P 3Y6	African groceries	(780) 758-3411	https://adomtropicalfoods.com/
African Market	15353 Stony Plain Rd, Edmonton, AB T5P 2H1	African groceries		
Afro Express	13423 Fort Rd NW, Edmonton, AB T5A 1C6	African groceries, cultural items	780) 761-1767	
Amoke Foods	5142 Gateway Blvd, Edmonton, AB T6H 2H4	African groceries, cultural items	(780) 220-7202	
Best of Africa	10864 97 St NW, Edmonton, AB T5H 2M5	African groceries, cultural items	(780) 428-8006	https://bestofafrica.ca/
Betsy's South African Deli	5958 Gateway Blvd NW, Edmonton, AB T6H 2H6	African groceries	(780) 988-5050	http://www.betsysdeli.com/
Èkó Afro Mart	3136 Parsons Rd NW, Edmonton, AB T6N 1L6	African groceries, cultural items	(780) 323-0081	https://www.ekoafromart.ca/
Habesha African Market	10418 107 Ave NW, Edmonton, AB T5H 0W1	African groceries, cultural items	(780) 760-4648	

Kasoa Tropical Food Market Ltd.	9062 51 Ave NW, Edmonton, AB T6E 5X4	African groceries, cultural items	(780) 461-0517	http://www.kasoatropicalfood.com/
Kiim's Market	4308 118 Ave NW, Edmonton, AB T5W 1A6	African groceries	(780) 474-5446	
Marvelous Tropical Food Market	6613A 177 St NW, Edmonton, AB T5T 4K3	African groceries	(780) 244-9080	
Nazareth African Market	10720 97 St NW, Edmonton, AB T5H 2L8	African groceries, cultural items	(780) 802-5127	
Nimba African food market	4308 118 Ave NW, Edmonton, AB T5W 1A6	African groceries	(780) 474-5446	
Serengeti Edmonton	3018 106 St, Edmonton, AB T6J 4A6	African groceries, cultural items	(780) 989-0226	http://serengetiedmonton.com/
The African Canadian Shop	10118 107 Ave NW, Edmonton, AB T5H 0V5	African groceries, cultural items	(587) 524-1140	
The Food Plug (North)	15277 Castle Downs Rd NW #136, Edmonton, AB T5E 6M8	African groceries	(780) 457-0620	http://www.thefoodplug.ca/
The Vine African Market	8170 50 St NW Suite 105, Edmonton, AB T6B 1E6	African groceries, cultural items	(780) 757-7224	http://thevineafricanmarket.com/
Tropical House Food Market	9810 51 Ave NW, Edmonton, AB T6E 0A6	African groceries	(780) 439-2711	https://tropicalhousefood.com/
WaterSide Market	8941 82 Ave NW, Edmonton, AB T6C 0Z2	African groceries, cultural items	(780) 244-9988	

RED DEER

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Flikky Market	4805 48 St, Red Deer, AB T4N 1S6	African groceries	(403) 986-7277	http://flikkymarket.ca/



GRAND PRAIRIE

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Flikky Market Grande Prairie	9826 100 Ave., Grande Prairie, AB T8V 0T8	African groceries, cultural items	(780) 533-2117	http://gp.flikkymarket.ca/
Ngofi tropical foods	9914 A 113 Ave, Grande Prairie, AB T8V 1W7	African groceries	(780) 296-4436	http://www.facebook.com/ngofitropicalfood

BROOKS

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Africa Super Market	342 8 St E, Brooks, AB T1R 0K2	African groceries, cultural items		



NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Vestelyn Varieties	323 13 St N, Lethbridge, AB T1H 2S1		(403) 328-3554	

AFRICAN BEAUTY SUPPLIES

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Adorad African Market & Beauty Store	2966 Main St S #109, Airdrie, AB T4B 3G4		(825) 966-6766	
Adoniaa Beauty	Westrook Mall (Entrance 3) 1200 37 Street SW, Calgary, AB T3C 1S2	Make-up and beauty services	(403) 452-6407	https://www.adoniaa-beauty.com
African Canadian Salon	4210 17 Ave SE, Calgary, AB T2A 0T2		(780) 477-8511	
African Choice Foods & Beauty Supplies	4133 4 St NW, Calgary, AB T2K 1A3		(780) 220-7686	
Afro Beauty & Fashion	11748 95 St NW, Edmonton, AB T5G 1L9		(403) 273-5683	https://sareyabeauty.com/
Afro Era Hair & Beauty Supplies	1 Londonderry Mall, Edmonton, AB T5C 3C8		(403) 229-2294	
Afrodisiac Natural Shop	11445 124 St Unit 211, Edmonton, AB T5M 0K4		(780) 485-2863	

Bella Beauty Supply & Barber Shop	632A 118 Ave NW, Edmonton, AB T5B 0S8		(403) 992-6479	https://africanchoicemarket.com/
Bella360 Beauty Supply & Salon	6414 Cartmell Pl SW, Edmonton, AB T6W 4H8		(780) 457-6141	https://londonderrymall.com/stores/londonderry-londonderry-mall-afro-era-173b
Destiny Beauty Online	327-2335 162 Ave SW, Calgary, AB T2Y 4S6		(780) 244-4003	
Diva Beauty Supply	10720 101 St NW, Edmonton, AB T5H 2S3		(780) 758-3482	
Hair Konection Beauty Store and salon	16608 109 Ave NW, Edmonton, AB T5S 1H7		(780) 222-6081	http://www.xtacybeauty.com/
JD's Hair & African Products	1334 Northmount Dr NW, Calgary, AB T2L 0E6		(403) 542-7173	http://jdshairandafricanproducts.ca/
Joyces Braiding & Hair	130 32 Ave NE, Calgary, AB T2E 2V5		(403) 532-6032	
Mama Africa beauty salon	328 7 St E, Brooks, AB T1R 0G6		(780) 244-1787	
Mama Afro Beauty Supply	9323 118 Ave NW, Edmonton, AB T5G 0N3		(780) 884-0173	http://www.queenmercybeauty.ca/
Mama Afro Beauty Supply Downtown	11237 Jasper Ave, Edmonton, AB T5K 0L5		(780) 239-5574	https://hairkonection.com/

Marvellous Beauty Supply	9062 51 Ave NW, Edmonton, AB T6E 5X4		(587) 735-9711	http://www.bella360.ca/
Mma's Beauty	2020 Urquhart Rd NW #3, Calgary, AB T2N 4C5		(587) 317-2883	
NAT JAY Hair Cut And Afro Beauty Supply	3131 27 St NE UNIT 37, Calgary, AB T1Y 0B3		(587) 893-5548	
Nyla Beauty Supply Inc	1000 9 Ave SW #102, Calgary, AB T2P 2Y6		(780) 474-7950	
Ooh La La Black Beauty	11770 95 St, Edmonton, AB T5G 1L9		(587) 353-1142	
Queen Mercy Beauty Supply	28 Blackfoot Rd, Sherwood Park, AB T8A 4P4			
Sareya Beauty Supply	3745 Memorial Dr SE #12, Calgary, AB T2A 6V4		(403) 376-4128	
Uptown Africa Hair Beauty Salon	8258 118 Ave NW, Edmonton, AB T5B 0S3		(780) 964-7117	http://afrodisiacnaturals.com/
Xtacy Beauty	250 Watt Common SW, Edmonton, AB T6X 1A4		(587) 707-5805	
Zarah Beauty Supply	9003 118 Ave NW, Edmonton, AB T5B 0T7		(403) 230-2440	

AFRICAN CLOTHING STORES

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
African Boutique & Fashions	2817 66 St NW, Edmonton, AB T5C 0A4		(780) 200-9422	
African Dresses by Divineity Fashion	Red Canyon Way, Fort Saskatchewan, AB T8L 0E7		(587) 207-4635	http://www.divineitygirl.com/
African Variety And Turkish Fashion	5315 17 Ave SE, Calgary, AB T2A 0W2		(587) 707-4566	
Africart Plus More	8330 82 Ave NW, Edmonton, AB T6C 4E3		(587) 712-5812	
Agape African Food & Clothing	12981 50 St NW, Edmonton, AB T5A 3P3		(780) 478-0511	https://shopagape.ca/
Beauty of Horn Africa	3315 118 Ave NW, Edmonton, AB T5W 4X1		(780) 802-5747	https://www.beautyhornafrika.com/
Ethio Afrik	3517 17 Ave SE, Calgary, AB T2A 0R5		(403) 475-0774	

Gaskia African Fashion	8606 118 Ave NW, Edmonton, AB T5B 0S8		(780) 756-0040	
GIFTY'S BOUTIQUE AND MORE	3745 Memorial Dr #20, Calgary, AB T2A 6V4		(403) 891-9943	
JEVGLAM	3016 106 St, Edmonton, AB T6J 5M5		(780) 250-5657	https://www.shopjevglam.com/
MARIE COLLECTION STORE	5701 17 Ave SE #160, Calgary, AB T2A 0W3		(639) 571-1156	https://sites.google.com/view/mariecollectionstore
Top African Fashion	9338 118 Ave NW, Edmonton, AB T5G 0N4		(780) 224-7339	
Vestelyn Varieties	323 13 St N, Lethbridge, AB T1H 2S1		(403) 328-3554	http://www.divineitygirl.com/

AFRICAN RESTAURANTS

CALGARY AND AREA

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
360 Grill and Lounge	50 Nolanridge Ct NW Unit 105, Calgary, AB T3R 1W9	50 Nolanridge Ct NW Unit 105, Calgary, AB T3R 1W9	(403) 618-0204	https://www.360grillandlounge.ca/
Abyssinia Restaurant - Ethiopian & Eritrean Cuisine	910 12 Ave SW, Calgary, AB T2R 1K7	910 12 Ave SW, Calgary, AB T2R 1K7	(403) 452-3498	http://www.abyssiniarestaurant.ca/
African Dine	2650 36 St SE #10, Calgary, AB T2B 0Y3	2650 36 St SE #10, Calgary, AB T2B 0Y3	(403) 248-9696	
Aggüdo Coffee	338 10 St NW #6, Calgary, AB	338 10 St NW #6, Calgary, AB	(403) 690-3773	https://aggudoroasters.com
Ahinke's Kitchen	SE, 2650 36 St SE Unit 6, Calgary, AB T2B 0Y3	SE, 2650 36 St SE Unit 6, Calgary, AB T2B 0Y3	(825) 210-9614	http://www.ahinkeskitchen.com/

Awash Ethiopian Restaurant	12952 118 Ave NW, Edmonton, AB T5L 2L4	12952 118 Ave NW, Edmonton, AB T5L 2L4	(780) 540-2233	http://www.awash-ethiopian.com/
Calgary Pot	Kaladi Kitchen, 1420 40 Ave NE Bay 10, Calgary, AB T2E 4P9	Kaladi Kitchen, 1420 40 Ave NE Bay 10, Calgary, AB T2E 4P9	(403) 608-3727	https://www.calgarypot.ca/
Delish Dining	5315 17 Ave SE #29, Calgary, AB T2A 0W2	5315 17 Ave SE #29, Calgary, AB T2A 0W2	(587) 777-4839	https://delishdining.ca/
DN2 Kitchen	Nolancrest Rise NW, Calgary, AB T3R 0T2	Nolancrest Rise NW, Calgary, AB T3R 0T2	(587) 700-2727	https://www.dn2kitchen.com/
Flavours Restaurant	4129 4 St NW, Calgary, AB T2K 1A3	4129 4 St NW, Calgary, AB T2K 1A3	(403) 719-2770	http://flavourcuisineandcatering.com/
FraMe Cuisine	610 8 Ave SE 2nd floor, Calgary, AB T2G 0M1	610 8 Ave SE 2nd floor, Calgary, AB T2G 0M1	(403) 828-6807	http://www.framecuisine.com/
GEEZ Ethiopian and Eritrean Cuisine	1235 17 Ave SW #101, Calgary, AB T2T 0C2	1235 17 Ave SW #101, Calgary, AB T2T 0C2	(403) 452-5367	
Hdmona restaurant	2881 17 Ave SE, Calgary, AB T2A 0P7	2881 17 Ave SE, Calgary, AB T2A 0P7	(403) 612-5625	
Luubann East African Restaurant	1506 12 Ave SW, Calgary, AB T3C 0R2	1506 12 Ave SW, Calgary, AB T3C 0R2	(403) 452-2452	

Merilyn's Kitchen	3132 26 St NE, Calgary, AB T1Y 2G1	3132 26 St NE, Calgary, AB T1Y 2G1	(587) 351-6001	
Mo's Kitchen Inc	4440 44 Ave NE, Calgary, AB T1Y 4W5	4440 44 Ave NE, Calgary, AB T1Y 4W5	(403) 280-5415	http://www.moskitchen.ca/
N9NA	3800 Memorial Dr #1336, Calgary, AB T2A 2K2	3800 Memorial Dr #1336, Calgary, AB T2A 2K2	(403) 966-5226	https://www.n9na.org/
Piassa Ethiopian Restaurant	3515 17 Ave SE, Calgary, AB T2A 0R5	3515 17 Ave SE, Calgary, AB T2A 0R5	(403) 398-5730	
Safari Grill	255 28 St SE #100, Calgary, AB T2A 5K4	255 28 St SE #100, Calgary, AB T2A 5K4	(403) 235-6655	http://www.safarigrillcalgary.com/
Serengeti Shack	400 Main St N, Airdrie, AB T4B 2N1	400 Main St N, Airdrie, AB T4B 2N1	403) 980-9998	http://serengetishack.ca/
Shammah Delicacies	1293 Sherwood Blvd NW, Calgary, AB T3R 0C7	1293 Sherwood Blvd NW, Calgary, AB T3R 0C7	(709) 770-0552	
Teeztopcakes	Calgary	Calgary	(587) 968-5008	https://www.instagram.com/teeztopcakes?igsh=d3F4bDFlcHoydGEz

Tiffin Curry & Roti House	188 28 St SE, Calgary, AB T2A 6J9	188 28 St SE, Calgary, AB T2A 6J9	(403) 273-2420	https://www.tiffincurry.ca/
TNP(TASTY NAIJA POT) (Catering and Food orders)	428 Nolan Hill Dr NW, Calgary, AB T3R 0V4	428 Nolan Hill Dr NW, Calgary, AB T3R 0V4	(587) 859-4232	
Upper Nile Restaurant	4002 17 Ave SE, Calgary, AB T2A 0S7		(587) 894-6881	
Yenny Delights	3131 27 St NE #81, Calgary, AB T1Y 0B3		(403) 880-5731	http://yennydelights.com/

EDMONTON

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Amoud Restaurant	9567 118 Ave NW, Edmonton, AB T5G 0N9	East African restaurant	(780) 479-1600	
Banaadiri Xamereey Somali Restauraan	11732 95 St, Edmonton, AB T5G 1L9		(780) 474-6655	
Bete Africa Ethiopian Restaurant and Bar	9570 111 Ave NW, Edmonton, AB T5G 0A7		(780) 756-3494	https://beteafrica.ca/
El Afrik Lounge	8882 170 St NW #1875, Edmonton, AB T5T 4M2		(587) 983-1350	https://www.el-afriklounge.com/
Emy's Nigerian Cuisine		Nigerian Cuisine	(306) 914-4619	
Fartun Cultural Cuisine	9411 118 Ave NW, Edmonton, AB T5G 0N5	East African restaurant	(780) 503-2611	

Kilimanjaro VIP (Authentic Swahili Cuisine)	12433 97 St NW, Edmonton, AB T5G 1Z6		(780) 246-0234	https://www.kilimanjaro vip.ca/
Koultures Afro- Continental Restaurant	8803 118 Ave NW, Edmonton, AB T5B 0T3	West African restaurant	(780) 244-3500	
Lalibela African Restaurant	9920 82 Ave NW, Edmonton, AB T6E 1Y9	Ethiopian restaurant	(587) 455-4268	<a href="https://www.lalibelaafri
canrestaurant.com/">https://www.lalibelaafri canrestaurant.com/
Langanos Skies	9906 72 Ave NW, Edmonton, AB T6E 0Z3	Ethiopian restaurant	(780) 432-3334	<a href="http://www.langanoskie
s.com/">http://www.langanoskie s.com/
Liberian Cuisine Bar and Grill	8405 118 Ave NW, Edmonton, AB T5B 0S5		(587) 907-5148	<a href="https://orderdbc.com/Li
berian/online-
order/?trk=gpo">https://orderdbc.com/Li berian/online- order/?trk=gpo
Mareeg Cafe & Restaurant	9420 118 Ave NW, Edmonton, AB T5G 0N6	East African restaurant	(780) 757-2223	
Mon Amie Resto	13427 Fort Rd NW, Edmonton, AB T5A 1C6		(587) 525-2477	<a href="https://www.monamier
esto.ca/">https://www.monamier esto.ca/
Ola's Dining Nigerian Kitchen	Crystallina Nera Way NW, Edmonton, AB T5Z 0E2		(587) 741-1104	<a href="http://www.olasdining.c
om/">http://www.olasdining.c om/
Rayyan Restaurant	10019 106 Ave NW, Edmonton, AB T5H 0N8	East African restaurant	(780) 250-6801	
Royal Five Restaurant	9156 23 Ave NW, Edmonton, AB T6N 1H9		(780) 800-6609	<a href="https://www.royalfivere
staurant.com/">https://www.royalfivere staurant.com/

Royal Restaurant	11810 87 St NW, Edmonton, AB T5B 3M9	East African restaurant	(587) 523-6364	
Taste of East Africa restaurant	3945 118 Ave NW, Edmonton, AB T5W 0Z8		(587) 405-4322	http://www.tasteofeastfrica.com/
The Bedouins Restaurant	12832 137 Ave NW, Edmonton, AB T5L 4Y8	North African restaurant	(780) 478-6979	
The Tantalizers Cuisine	12424 118 Ave NW, Edmonton, AB T5L 2K4		(780) 200-9580	
Travelling Dishes			(587) 501-2852	
Village Restaurant	10117 107 Ave NW, Edmonton, AB T5H 0V4	East African restaurant	780) 424-5244	
Zembaba 2 Ethiopian Restaurant & Bar	12520 118 Ave NW, Edmonton, AB T5L 2K6	Ethiopian restaurant	(780) 756-2626	
Zuhur Restaurant	10728 107 Ave NW, Edmonton, AB T5H 0W6	East African restaurant	(780) 705-2225	

GRAND PRAIRIE

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Divine Nigerian and Ethiopian Cuisine	10136 101 Ave, Grande Prairie, AB T8V 0Y2		(780) 513-6555	https://www.divine-cuisine.com/



RED DEER

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
A J Cuisine (African Style) Ltd	8012 Edgar Industrial Pl, Red Deer, AB T4P 3R3		(587) 679-5859	
SabwaFoods	8012 Edgar Industrial Pl, Red Deer, AB T4P 3R3		(306) 881-3435	

BROOKS

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Mama Safi East African Restaurant	907 Sutherland Dr E, Brooks, AB T1R 0R6			



FORT MCMURRAY

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Qaran House Restaurant	9906b Franklin Ave, Fort McMurray, AB T9H 2K5			

AFRICAN/BLACK COMMUNITY BASED ORGANIZATIONS



NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Africa Centre	105, 12th Ave SE, Suite 840 Calgary, AB T2G 1A1; 11808 Saint Albert Trail Northwest, #106, Edmonton, AB, T5L 4G4	Create opportunities for access and full participation of the African descent community in Alberta.	(780) 455-5423	https://africacentre.ca
African Canadian Civic Engagement Council		Empower and promote the advancement of the rights and opportunities of people of African descent in Canada.		info@accec.ca

<p>Calgary African Community Collective member list</p>				<p>https://calgaryafrican.ca/members-directory/</p>
<p>Foundation for Black Communities</p>		<p>A philanthropic home for Black communities in Canada</p>		<p>info@forblackcommunities.org</p>
<p>The Calgary Foundation has a list of Black led Organizations in Calgary</p>	<p>You will find most of the cultural associations and black-led nonprofits here</p>			<p>https://calgaryfoundation.org/black-led-black-serving-organizations-in-our-community/</p>
<p>University of Calgary Resource List for Black People in Alberta</p>		<p>A comprehensive list of Black resources in Alberta</p>		<p>https://cumming.ucalgary.ca/sites/default/files/teams/396/resource-list-for-black-people-in-alberta_gl2.docx-1.pdf</p>

RESOURCES FOR PREGNANT, NEW MOMS & FAMILIES

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
211 Alberta - Growing Families Society		Provides support for at-risk pregnant women in creating healthy lifestyles for themselves and their babies.	(403) 361-7216	http://www.growingfamiliesociety.ca/
Airdrie Health Foundation - Pregnancy & Beyond	PO Box 90054 RPO Airdrie SW Airdrie, Alberta T4B 0A2		(587) 580-9016	https://www.airdriehealthfoundation.com/pregnancy-beyond
Alberta Association of Midwives		Midwifery services	Toll Free: 1-833-502-2176	https://www.albertamidwives.ca

Alberta Health Services - 101. a Healthy Pregnancy		Childbirth and Parenting education information		https://birthandbabies.com/category/101-a-healthy-pregnancy/
Alberta Health Services - Best Beginning		For individuals experiencing barriers/challenges in pregnancy	(403) 228-8221	https://birthandbabies.com/best-beginning-program/
Alberta Health Services - Calgary Zone				https://www.albertahealthservices.ca/zones/calgary-zone.aspx
Alberta Health Services - Central Zone				https://www.albertahealthservices.ca/zones/central-zone.aspx
Alberta Health Services - Edmonton Zone				https://www.albertahealthservices.ca/zones/edmonton-zone.aspx

Alberta Health Services - Find a Doctor				https://www.albertahealthservices.ca/info/Page13253.aspx
Alberta Health Services - Health For Two Network		Service targeted to any pregnant person who requires extra support to have a healthy pregnancy	(780) 342-2872 (Program Coordinator)	HealthForTwo@ahs.ca
Alberta Health Services - North Zone				https://www.albertahealthservices.ca/zones/north-zone.aspx
Alberta Health Services - South Zone				https://www.albertahealthservices.ca/zones/south-zone.aspx
Alberta Human Rights Commission		For pregnant employees - Know your rights	(780) 427-7661	https://albertahumanrights.ab.ca/issues-at-work/pregnancy-and-parenting/

Alberta Women's Health Foundation	10240 Kingsway Edmonton, Alberta T5H 3V9		(780) 735-4723	https://www.albertawomenshealthfoundation.org
Cental Alberta Pregnancy Care Centre	5116 47 Street, Red Deer, AB T4N 1R9		(403) 343-1619	info@pregnancycare.ca
CMHA Edmonton		Resources for pregnant and new parent		https://edmonton.cmha.ca/wp-content/uploads/2018/11/2018-11_211_ResourceList_PregnancyNewParents.pdf
Drug Rehab for Pregnant Women in Alberta			1-877-254-3348	https://www.drugrehab.ca/pregnant-women-drug-alcohol-services-in-alberta.html
Elizabeth House		Transitional home for pregnant women	(403) 228-9724	https://www.elizabethhousecalgary.ca/contact-us

Government of Alberta - Women's Hub Resource Directory		Find Government of Alberta resources and services relevant to women		https://www.alberta.ca/lookup/womens-hub-resource-directory.aspx
Government of Canada		Pregnancy, infant and child health supports and programs		https://www.canada.ca/en/public-health/services/child-infant-health/supports-programs-pregnancy.html
Hands Lifting Hearts Initiatives Society	Unit 213, 3942 29 Street NE Calgary, Alberta T1Y 6B6	Support pregnant and new moms and their families	(403) 988-3941	https://handsliftinghearts.ca/
Hands Lifting Hearts Initiatives Society Pregnancy Journal	Unit 213, 3942 29 Street NE Calgary, Alberta T1Y 6B6	A journal for expecting and new moms	(403) 988-3941	
InformAlberta		General expectant/New Parent Assistance; New Dad Parenting		https://informalberta.ca/public/results/relatedSubjects.do?taxonomyQueryId=3278

		Programs; Teen Expectant/New Parent Assistance; Welcome Baby Boxes		
Lethbridge Pregnancy Care Centre	118 8th St S Lethbridge, AB		(403) 942-1819	https://lethbridgepregcentre.com
Made by Momma	66 21 Street NW, T2N 4T9 Calgary, Alberta	Resources for mommas		https://madebymomma.org/contact-us/
NGO Base		Maternal Health NGOs and Charities in Alberta		https://ngobase.org/stswa/CA.AB/HLT.MT/maternal-health-alberta
Pregnancy Care Canada	Box 645, Red Deer, AB T4N 5G6		1-866-845-2151	https://pregnancycarecanada.ca
Pregnancy Care Centre	10434 122 Street NW Edmonton, AB T5N		(780) 424-2624; Toll free outside Edmonton: 1-877-424-2685	https://www.pregnancycentre.ca

Pregnancy Pathways	10628 96 Street NW Edmonton, AB T5H 2J2	Pregnant women facing housing difficulties	(780) 249-7002	https://radiushealth.ca/ services/pregnancy- pathways/
Pregnancy, Infant & Child Loss Support Centre	301-1725 10th Avenue SouthWest Calgary		1-825-205-7918	https://pilsc.org
Prenatal information for Albertans			Call 811 Health Link for health advice 24/7	https://www.albertahea lthservices.ca/info/Page 14182.aspx
Strathcona County - Family and parenting supports				https://www.strathcona .ca/community- families/parents- children- families/family- resource-network/
Terra Centre	10320 146 Street NW, Edmonton, AB T5N 3A2	Teen pregnancy	(780) 428-3772	https://terracentre.ca
The Back Porch		Unplanned pregnancy	(780) 421-9941	https://www.thebackpo rch.info

The Gianna Centre	9040 95 Ave NW, Edmonton, AB T6C 1Z3	Pregnancy support services	(780) 482-5111	https://www.cssalberta.ca/Gianna-Centre
The H.E.R Pregnancy Program	10116-105 Ave NW Edmonton, AB, T5H 0K2		(780) 239-2872	https://www.catie.ca/programming-connection/the-her-pregnancy-program
Women's Centre of Calgary		Reference guide - Pregnancy and Baby	Call 211 for additional information	https://www.womenscentrecalgary.org/wp-content/uploads/2020/01/Womens-Centre-List-Pregnancy-and-Baby-PDF.pdf

Circumcision

NAME OF BUSINESS	ADDRESS	SERVICE	CONTACT	WEBSITE
Avivo	2012 12 Ave NW Calgary, Alberta	Newborn circumcision	(403) 289-8996	https://www.newborncircumcision.ca
Children's Health Clinic	Main Floor, East Calgary Health Centre, 4715 8 Ave SE, Calgary, AB T2A 3N4	Newborn circumcision (0-30 days)	(403) 955-1077 ext 2	https://childrenshealthclinic.ca/circumcisions/
Dr. Douglas M. Anderson	203 – 30 Crystal Shores Ridge Drive Okotoks, AB, T1S 2C3	Infant circumcision	(403) 995-0010	https://foothillscircumcision.com
Dr. Ibrahim Ali Al Jahash	101, 11010 101 St. Edmonton, AB. T5H 2B9	Circumcision Clinic for Infants, Teens and Adult Men	(780) 705-6743	https://hyscircumcision.ca
Hart Family Medical and IUD Clinic	#304 1919 Sirocco Drive SW, Calgary, Alberta T3H 2Y3,	Infant circumcision	(403) 452-6622	https://hartfamilymedical.ca/circumcisions
Intramed Medical Centre	3223 17th Ave. SW, Calgary, AB, T3E 7S1	Circumcision Clinic for Infants, Teens and Adult Men	(403) 255-6196	https://intramed.ca/circumcision/arrange/

Lohlun Clinic	#300, 10230-142 Street Edmonton, AB T5N 3Y6	Circumcision Clinic for Infants, Teens and Adult Men	(780) 469-5299	https://lohlunclinic.com/circumcision/
MEND Clinic	2870 30 Avenue #1101 Red Deer, Alberta T4R2P7	Infant circumcision	(403) 342-2234	https://www.circumcisionreddeer.ca/infantcircumcision
Savannah Medical Centre	126 Savanna Avenue NE, Calgary, Alberta T3J 2E3,	Infant circumcision	(403) 455-2216	https://savannamedicalcenter.com

